



Help starts here.

Call 2-1-1 to get information on:

After school programs
Childcare
Child development
Dental clinics
Disability services
Family counseling
Food & clothing assistance
Gang prevention & intervention
Healthcare
Housing & shelters
Job training
Literacy services
Mental health counseling
Mentoring programs
Parenting classes
Transportation services
Truancy prevention
Tutoring
Utility & rental assistance
Volunteer opportunities

Connecting people to services they need

It's fast, free, confidential and available 24 hours a day in more than 150 languages. Trained specialists will match your needs to local services.



www.211mc.org
TTY/TDD 877-211-3233
For emergencies call 9-1-1